

Western Manitoulin 5&10 Event

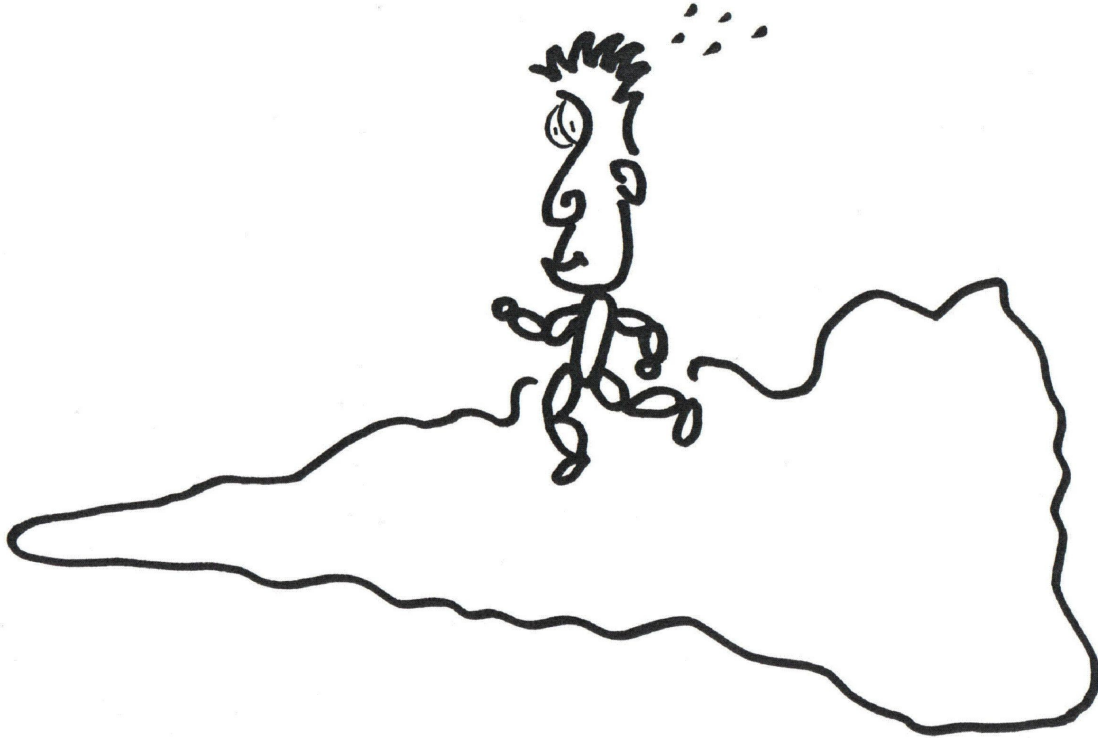
& Gore Bay 5k walk

Saturday July 24, 2010

Smith Park on the Waterfront

Start time: 10:15 a.m.

Race Day Registration: 8:30 to 10:00 a.m.



Entry Fee: \$25 adults, \$20 – 15 and under

Contact: Greg Bond (705) 282-2991 email: nbond@onlink.net

Medals: top 3 M/F in 10k, 5k & 5k walk

Great wicking T-shirts supplied to the first 70 paid entries.

Please come and join us in Gore Bay on beautiful Manitoulin Island. Our 5&10 Event offers many of the amenities of a big city race, but all of the charm of a small town. Race day registration, briefing and start/finish will be at the site of the Gore Bay Summer Festival in Smith Park, on the waterfront. The race follows the shoreline of the North Channel past the Gore Bay marina where the sailboats from the world famous **MacMan Sailing Race** have moored for the night, out Lighthouse Rd., with 10k turnaround near the historic century old **Janet Head lighthouse**. The 5k follows the same route with turnaround just a bit sooner. After the race, please consider staying a while and enjoying our local shops and businesses. Our **Summer Festival** musical program begins just a few hours after the end of your race and is always a great time featuring several local and imported bands and, of course, cold beverages.

Links:

<http://www.gorebay.ca>

<http://www.gorebay.ca/index.cfm?fuseaction=content&PageID=1047>

<http://www.sudburyrocks.ca>

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